

## LIBERTY HEALTH 2009 RHODES TRAIL RUN

### FINAL RESULTS

<u>POS</u>	<u>SURNAME</u>	<u>NAME</u>	<u>TIME</u>	<u>R/N</u>	<u>Age</u>	<u>Sex</u>	<u>Cat</u>
1	TOERIEN	Trevor	4:30:50	726	43		40
	King of the Kloof						
	1st Veteran						
2	VAN AARDENNE	Cas	4:51:24	1008	34		
3	DE VILLIERS	Mike	4:51:27	331	47		40
	2nd Veteran						
4	CHAPMAN	Lance	4:59:08	968	36		
5	SMITH	Allan	5:00:09	943	41		40
	3rd Veteran						
6	HEFER	Coeraad	5:01:19	1032	25		
7	ARNETT	Bruce	5:05:55	727	38		
8	YOUNG	Johnny	5:05:55	633	35		
9	CLOETE	Dirk	5:10:31	550	41		40
10	LE ROUX	Alwyn	5:13:22	1054	23		
11	MIDDELKOOP	Dion	5:35:42	908	39		
12	SCHOEMAN	Nico	5:36:07	1069	42		40
13	DU TOIT	Erina	5:40:29	729	36	L	
	1st Lady						
	Queen of the Kloof						
14	BOTHA	Willie	5:45:09	934	37		
15	VAN ROOYEN	Melanie	5:47:18	969	31	L	
	2nd Lady						
16	McCRINDLE	Kenny	5:48:56	634	51		50
	1st Master						
17	RAMAKGAPOLA	Andrew Ngoako	5:49:27	280	45		40
18	BALFOUR	Kevin	5:52:18	971	46		40
19	JENNINGS	Guy	5:52:47	398	44		40
20	KING	Bruce	5:56:26	643	35		
21	SMITH	Gary	5:56:27	597	41		40
22	WORSNIP	Paul	5:56:44	983	32		
23	CLAASEN	Christine	5:57:48	996	44	L	40
	3rd Lady						
	1st Veteran Lady						
24	DALTON	André	6:01:46	598	48		40
25	SCOTT	Sarah	6:05:33	1004	26	L	
	4th Lady						

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26	DENISSEN	Rentia	6:06:07	1077	46	L	40
	5th Lady						
	2nd Veteran Lady						
27	SCOTT	Kirsty	6:09:58	918	26	L	
	6th Lady						
28	ROUX	Esna	6:11:24	739	33	L	
	7th Lady						
29	BLACK	Alistair	6:13:11	1021	49		40
30	KENNEDY	Charlene	6:13:30	1023	35	L	
	8th Lady						
31	VAN STADEN	Johan	6:13:44	1045	46		40
32	ADAMS	Ian	6:13:57	811	37		
	Permanent Number 772						
33	LABURN	Doug	6:13:58	1050	27		
34	TORR	Wayne	6:20:02	638	45		40
35	MOSS	Andrew	6:20:59	1025	40		40
36	WEYERS	Org	6:21:48	928	46		40
37	GROBLER	Lisl	6:22:37	805	33	L	
	9th Lady						
	Permanent Number 773						
38	GEDDIE	Mark	6:28:19	684	39		
39	NEL	Guillaume	6:30:16	333	48		40
40	GORE	Bruce	6:30:18	836	38		
	Permanent Number 774						
41	VAN ZYL	Riaan	6:30:40	813	35		
	Permanent Number 775						
42	PALFRAMAN	Sonja	6:31:06	966	35	L	
	10th Lady						
43	CUMMINGS	Rethie	6:31:42	1086	39	L	
44	KOCH	Chris	6:34:04	1041	41		40
45	LE ROUX	Chelese	6:34:23	917	24	L	
46	FISHER	Vanessa	6:35:41	1020	34	L	
47	CLARKE	Darren	6:35:42	999	38		
48	GOBLE	Brian	6:36:05	985	42		40
49	BROUWER	Nicky	6:36:49	1011	42	L	40
	3rd Veteran						
50	VAN DEN BERG	Phillippus	6:38:02	903	45		40
51	KENT	Clark	6:40:51	823	50		50
	2nd Master						
	Permanent Number 776						
52	FITZMAURICE	Wendy	6:41:27	1065	55	L	50
	1st Master Lady						

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53	MOEN	Henk	6:44:42	1057	38		
54	McGILL	Franco	6:44:43	951	45		40
55	RAUBENHEIMER	Lawrie	6:46:24	1068	55		50
	3rd Master						
56	VLOK	Sakkie	6:46:49	214	51		50
57	VAN NIEKERK	Phillip	6:48:09	165	56		50
58	BEKKER	Martin	6:48:29	1060	36		
59	CLOTZ	Rico	6:53:45	812	44		40
	Permanent Number 777						
60	GILLMER	Kevin	6:53:45	816	48		40
	Permanent Number 778						
61	STEWART	Paul	6:53:46	1003	42		40
62	RAFFERTY	Kevin	6:53:46	1046	40		40
63	SAUNDERS	Belinda	6:54:27	646	42	L	40
64	FROST	Brett	6:55:29	689	39		
65	PALM	Rufan	6:55:56	334	52		50
66	PALM	Ruan	6:55:58	834	24		
	Permanent Number 779						
67	MATTHEWS	Carol	6:59:37	957	31	L	
68	KOCH	Hein	6:59:58	54	52		50
69	BOTHA	Dean	7:02:08	833	41		40
	Permanent Number 780						
70	COLLINS	Simon	7:02:59	1009	36		
71	THOMASON	Richard	7:03:00	807	32		
	Permanent Number 781						
72	OLIVER	Grant	7:03:13	1000	49		40
73	LIEBENBERG	Johannes	7:03:33	829	46		40
	Permanent Number 782						
74	RAWLINGS	Lee	7:04:55	902	45		40
75	HOUGAARD	Emil	7:04:56	950	45		40
76	VOSLOO	Gerhard	7:04:57	603	50		50
77	WOITHE	SanMari	7:04:58	945	40	L	40
78	GRIFFIN	Kylie	7:05:22	745	44	L	40
79	CAMPBELL	Angus	7:05:23	1071	38		
80	ROSSOUW	Abram	7:07:11	941	30		
81	BOOYSEN	Riaan	7:07:26	826	36		
	Permanent Number 783						
82	MURRAY	Miema	7:09:16	555	47	L	40
83	HENNING	Michael	7:09:17	825	43		40
	Permanent Number 784						
84	LUCAS	Dirk	7:14:11	815	56		50
	Permanent Number 785						

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85	FORSTER	Laura	7:14:32	830	48	L	40
	Permanent Number 786						
86	ANNANDALE	John	7:17:00	1062	49		40
87	DENNILL	Tammy	7:17:01	831	43	L	40
	Permanent Number 787						
88	MEYER	Susan	7:17:02	929	48	L	40
89	POSTMA	Marthinus	7:17:04	954	51		50
90	CUNNINGHAM	Cathy	7:17:29	916	47	L	40
91	SHARP	Svelka	7:17:50	909	34	L	
92	BOTHA	Herman	7:17:50	1088	44		40
93	BURGER	Bennie	7:18:28	640	56		50
94	PITCHFORD	Hilary	7:18:35	960	25	L	
95	BRUSS	Deon	7:18:37	959	34		
96	SEDDON	Patrick	7:18:58	734	46		40
97	HANSEN	Charisse	7:22:11	947	43	L	40
98	KRIEL	Renette	7:22:22	644	44	L	40
99	KELLY	Tammy	7:22:23	636	42	L	40
100	GEDYE	Chris	7:22:25	940	46		40
101	CLERIHEW	Rae	7:22:49	1044	37	L	
102	MALHERBE	Sharon	7:24:27	911	38	L	
103	BEHRENS	Mark	7:25:10	952	48		40
104	BURSEY	Peter	7:25:11	474	32		
105	HEYNS	Johan	7:25:13	938	40		40
106	SNELLING	Craig	7:25:14	953	40		40
107	KREUGER	Shamus	7:26:13	967	37		
108	VAN KETS	Kim	7:26:54	1063	37	L	
109	GOODHEAD	Richard	7:26:55	1034	43		40
110	BADENHORST	Glenda	7:27:23	703	51	L	50
	2nd Master Lady						
111	CLOETE	Paddy	7:27:24	963	37	L	
112	ARGUILE	Julie	7:29:59	1024	41	L	40
113	SOMERVILLE	Fenella	7:31:31	1070	47	L	40
114	SCHRAVESANDE	Claude	7:32:27	949	66		60
	1st Grandmaster						
115	SINGH	Sham	7:32:58	13	51		50
116	VAN DER MERWE	Elize	7:33:29	1028	45	L	40
117	ANDERSON	Gisele	7:33:39	1002	43	L	40
118	POLYDOROU	Anna	7:34:23	1089	39	L	
119	BECKER	Orton	7:34:45	738	65		60
	2nd Grandmaster						
120	TALJAARD	Dirk	7:35:07	749	34		

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121	ADDISON	Karen	7:36:38	828	49	L	40
	Permanent Number 788						
122	CUNNINGHAM	Richard	7:37:36	973	51		50
123	VAN DYK	Steven	7:39:33	835	47		40
	Permanent Number 789						
124	OOSTHUIZEN	David	7:39:34	997	42		40
125	VISSER	Johann Louis	7:39:52	915	40		40
126	CONRADIE	Deon	7:40:41	821	50		50
	Permanent Number 790						
127	HAGEN	Ebeth	7:42:16	924	36	L	
128	PAPPIN	Michele	7:42:17	982	36	L	
129	DELPORT	Eugene	7:42:49	810	41		40
	Permanent Number 791						
130	MACKENZIE	Meggan	7:43:04	838	35	L	
	Permanent Number 792						
131	CROSS	Peter	7:43:18	368	63		60
	3rd Grandmaster						
132	GOUWS	Martin	7:44:52	742	49		40
133	PICKUP	John	7:45:56	989	57		50
134	REID	James	7:46:10	736	49		40
135	VAN ANTWERPEN	Casper	7:50:40	1072	34		
136	VAN OOSTEN	Kay	7:52:12	585	43	L	40
137	BOTHA	Gerhard	7:52:13	1073	41		40
138	BERGH	Oloff	0:07:52	1010	45		40
139	WHITMILL	Paul	7:52:42	1064	40		40
140	VAN WYK	Deon	7:52:54	956	34		
141	VAN DER MERWE	Stephen	7:52:55	974	34		
142	LABUSCHAGNE	Derrick	7:53:00	1075	29		
143	MOLLENTZE	Billy	7:53:01	970	46		40
144	VAN RENSBURG	Hennie	7:53:30	510	54		50
145	BROWN	Leon	7:54:48	1040	45		40
146	WASSERFALL	Alison	7:55:32	837	23	L	
	Permanent Number 793						
147	TOOMEY	Iain	7:55:42	557	55		50
148	BESTER	Charlene	7:58:01	958	29	L	
149	BESTER	Braam	7:58:02	808	36		
	Permanent Number 794						
150	JANSE VAN RENSBURG	Corné	7:58:03	962	30		
151	LAGERWALL	Ina	7:58:35	913	46	L	40
152	HARRIS	Megan	7:58:49	1013	22	L	
153	COX	David	7:59:02	972	42		40
154	STRYDOM	Annetjie	7:59:02	1079	47	L	40

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155	PRETORIUS	Niekie	7:59:21	1078	48		40
156	HINCHLIFFE	Gina	7:59:31	400	42	L	40
157	HINCHLIFFE	Shane	7:59:31	210	48		40
158	COLE	Ad	8:00:30	906	41	L	40
159	MALHERBE	Stephen	8:02:03	822	47		40
	Permanent Number 795						
160	GROBBELAAR	Berdine	8:03:21	1015	40	L	40
161	BARSLEY	Ian	8:04:36	609	53		50
162	BRO	Christine	8:06:08	301	48	L	40
163	DE KLERK	Johan	8:06:09	942	37		
164	MOODY	Lyle	8:07:06	750	23		
165	NORRIS	Lizelle	8:07:28	912	32	L	
166	LOMBARD	Ina	8:08:07	1035	44	L	40
167	MARAIS	Deon	8:08:09	910	63		60
168	LAGERWALL	Ronald	8:08:10	743	48		40
169	SPIRES	Cathryn	8:09:05	1080	34	L	
170	WESSELS	Estelle	8:09:10	405	47	L	40
171	MAREE	Tracy	8:09:20	832	39	L	
	Permanent Number 796						
172	STEYN	Jeanette	8:09:21	170	46	L	40
173	RIGGS	Petra	8:09:22	748	47	L	40
174	DE VILLIERS	Etienne	8:09:25	741	47		40
175	VAN DER WALT	Johan	8:12:16	936	51		50
176	McDONALD	Rob	8:12:17	820	38		
	Permanent Number 797						
177	DE KLERK	Johan	8:13:19	69	58		50
178	DE KLERK	Jean	8:13:20	991	22		
179	DE JAGER	Karen	8:14:16	1037	42	L	40
180	JACKSON	Andre	8:14:17	4	53		50
181	RAMSDEN	Mandy	8:15:27	1039	39	L	
182	FOURIE	Elna	8:16:49	907	38	L	
183	STOLTZ	Conrad	8:17:22	5	63		60
184	SWART	Gerhard	8:17:52	993	54		50
185	DOUTHWAITE	Vauneen	8:18:19	1001	51	L	50
	3rd Master Lady						
186	WASSERFALL	John	8:18:20	722	56		50
187	BISHOP	Karen	8:18:21	1081	41	L	40
188	LEWIS	Graham	8:18:22	723	56		50
189	ARTHUR	Peter	8:18:22	921	39		
190	MYBURGH	Neil	8:18:55	1016	51		50
191	HOUGH	Mia	8:20:22	1043	36	L	
192	WESSELS	Maryke	8:20:23	923	34	L	

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193	HOUGH	Pierre	8:20:24	1042	37		
194	MEETS	Maryna	8:20:36	1036	37	L	
195	KAVALLINEAS	Dimitri	8:23:24	544	56		50
196	BESTER	Martin	8:24:04	944	54		50
197	KELLY	Patrick	8:24:06	651	44		40
198	SCHOEMAN	Sandra	8:24:07	937	38	L	
199	PRETORIUS	Helen	8:24:08	536	46	L	40
200	MOSTERT	Lorette	8:24:49	819	37	L	
	Permanent Number 798						
201	LESSER	Louise	8:24:49	919	34	L	
202	VAN DER MERWE	Charmaine	8:24:50	920	41	L	40
203	MOSTERT	Johannes	8:24:50	818	38		
	Permanent Number 799						
204	MALAN	Jacques	8:25:31	931	55		50
205	KLOPPER	Stephanus	8:25:40	655	37		
206	BRAND	Kobus	8:26:33	181	51		50
207	EVERT	Gerrie	8:27:01	1053	48		40
208	LE ROUX	Jannie	8:27:23	47	48		40
209	SAIF	Nomer	8:28:12	1018	50		50
210	FAWELL	Deon	8:28:12	980	39		
211	BECKER	Jurg	8:28:13	806	52		50
	Permanent Number 800						
212	GODFREY	Kate	8:29:17	1047	41	L	40
213	WEBSTER	Alan	8:31:08	994	49		40
214	VAN ROOYEN	Raymond	8:31:57	977	39		
215	HATTINGH	Peter	8:32:29	981	51		50
216	WEED	Alex	8:33:16	905	59		50
217	TIPPETT	Glen	8:33:17	109	49		40
218	MULLER	Claude	8:35:01	707	37		
219	COCKCROFT	Ivan	8:35:02	217	58		50
220	BILLAU	Colin	8:35:05	764	52		50
221	MEYER	Nico	8:35:42	827	37		
	Permanent Number 801						
222	VAN NIEKERK	Sakkie	8:35:43	927	52		50
223	VAN DER WESHUIZEN	Jan	8:35:44	961	55		50
224	WELTHAGEN	Floors	8:35:45	615	48		40
225	COCHRAN	Neil	8:37:22	1030	58		50
226	VAN JAARVELD	Riaan	8:38:15	766	44		40
227	VAN JAARVELD	Anthea	8:38:16	1076	43	L	40
228	HALL	Samantha	8:38:44	801	40	L	40
	Permanent Number 802						

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229	MOSSOP	Maureen	8:38:45	802	43	L	40
	Permanent Number 803						
230	VAN GREUNEN	Louis	8:38:53	1083	42		40
231	PARRY	Hugh	8:38:59	1019	60		60
232	BARNARD	Marié	8:39:00	1029	50	L	50
233	COETZEE	Gert	8:39:26	428	60		60
234	LEAMY	Ina	8:39:27	493	56	L	50
235	HAWKSWORTH	Mark	8:40:46	768	45		40
236	HAWKSWORTH	Lisa	8:40:46	767	38	L	
237	HALL	Stewart	8:41:10	724	57		50
238	BALL	Tommy	8:41:15	925	46		40
239	LENTIN	Tracey	8:41:17	1082	43	L	40
240	SWART	Adolph	8:41:28	529	47		40
241	SWART	Hermien	8:41:29	922	45	L	40
242	STILLER	Judith	8:42:23	990	49	L	40
243	WEBSTER	Frances	8:43:01	995	50	L	50
244	KERR	Iain	8:43:16	935	52		50
245	SPICKETT	Andrea	8:43:24	719	41	L	40
246	JOHNSON	Paul	8:43:42	753	41		40
247	ESLICK	Karen	8:45:39	978	46	L	40
248	SKINNER	Belinda	8:45:40	1055	44	L	40
249	KIRKMAN	Sue	8:46:00	1067	50	L	50
250	HOLTON	Danny	8:46:01	14	54		50
251	BOTHA	Marius	8:46:22	1059	40		40
252	KRUGER	Marius	8:46:23	1049	48		40
253	COLLINGS	Caroline	8:46:56	1006	27	L	
254	SMITH	Andrew	8:47:26	1066	31		
255	GAADE	Michael	8:47:36	296	62		60
256	STEYL	Eliza	8:48:03	803	30	L	
	Permanent Number 804						
257	STEYN	Izak	8:48:04	712	58		50
258	STEYL	Espe	8:48:05	964	30		
259	ELDRIDGE	Sharon	8:48:05	383	47	L	40
260	BOSCH	Colin	8:48:25	976	48		40
261	PYLE	Julie	8:48:26	979	47	L	40
262	BRITS	Dolf	8:48:11	1074	38		
263	HUMAN	Karin	8:48:48	809	48	L	40
	Permanent Number 805						
264	HUNT	Mark	8:48:48	814	56		50
	Permanent Number 806						
265	THERON	Francois	8:48:48	1061	34		
266	DU PLESSIS	Koos	8:48:59	998	36		



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267	FESEL	Kristian	8:49:00	930	36		
268	BARCLAY	Dean	8:49:35	1048	35		
269	NELL	Renee	8:49:36	933	44	L	40
270	MAARTENS	Joseph	8:49:37	614	36		
271	HENNING	Bernadette	8:49:47	975	42	L	40
272	BRAND	John	8:50:13	587	60		60
273	MOODY	Dave	8:50:16	223	52		50
274	JOUBERT	Aletta	8:50:22	1084	47	L	40
275	BONNET	Deon	8:50:43	1022	47		40
276	VAN DEN BERG	Ernst	8:50:45	661	50		50
277	STEINMANN	Pieter	8:50:46	1014	46		40
278	LOMBARD	Kevin	8:52:15	1027	44		40
279	SMIT	Carel	8:52:16	988	34		
280	VAN DER MERWE	Marius	8:52:35	824	36		
	Permanent Number 807						
281	NORRIS	Shane	8:54:26	804	35		
	Permanent Number 808						
282	WELGEMOED	Jan	8:54:56	1007	39		
283	LAING	Andrew	8:55:05	623	48		40
284	ESPACH	Ben	8:56:01	1005	51		50
285	HEIRISS	Mitzi	8:56:03	714	42	L	40
286	TAYLOR	Lynne	8:56:21	1058	44	L	40
287	ROBERTSON	Dave	8:56:31	900	52		50
288	BREYTENBACH	Wynand	8:57:33	1051	59		50
289	JEEWA	Hoosenmia	8:57:38	1012	52		50
290	VAN DER MERWE	Hendrik	8:58:03	717	36		
291	MINTY	Mariana	8:58:04	247	53	L	50
292	MINTY	Mike	8:58:04	265	58		50